

MICHAEL EURE: Hello, this is Michael Eure and I'd like to invite you to the Michael Eure Show featuring student hosts and very special guests talking about a variety of interesting topics. You can find us on the Eagle Stream YouTube channel.

DAMIEN JOHNSON: Hello everybody. My name is Damien Johnson.

I'm here with Marjorie K. and we are going to be your show hosts for tonight on the Michael Eure show.

It's nice to meet all of you. We're glad you guys can be here.

We actually have a Care Center video for you guys have coming in just one minute, once Jerry can get that going.

VOICE OVER: The Care Center is here to provide wrap-around services for our students for when out of the classroom challenges arise. I'm Mike Coleman, Dean of Student Engagement and Impact here at Wake Tech.

My name is Magdalene Crist and I'm a student at Wake Tech in the associate of science program. The Care Center at Wake Tech has been a great hub for resources, such as food success coaching, technology support, brief mental health counseling, emergency financial assistance, and transportation assistance.

I've gotten a lot of great help with questions and just navigating Wake Tech. If I'm ever having a tough day or a tough time in class, the student success coaches are always there to help me whenever I need it.

Students can connect with us like this, by visiting one of our locations online and our website in our by email.

So to my fellow students, if you ever need help with anything, the Care Center is your one-stop shop and I highly recommend.

And, most importantly, we are here to support our students and make sure that they soar.

JOHNSON: Alright, thank you so much Jerry.

Now today's topic is obviously gonna be a focus on engineering students, so we wanna go over a few websites that we have, including the engineering Care Center and the associate and engineering websites on the Wake Tech page that can give you guys some brief information about the engineering fields here at Wake Tech and all the help that you guys can get.

Alright, there's the video, so I've got guess that popped up.

Moving on, we wanna talk about the engineering care team and thank you guys for sponsoring and hosting our show tonight.

We plan to work with DEI and the Career Services again also upcoming in our later episodes this summer, so make sure you guys stay tuned for that.

Now we've got some new hosts including me and Marjorie. You guys are usually see me and Taj here, but Marjorie, I'll let you introduce yourself.

MAJORIE CHANAKIRA: Alright. Hi everyone, I'm Marjorie Chanakira. I am an associate in engineering student, here at Wake Tech.

This is my first year, and I am also part of the honors program and I'm also an officer in National Society for Black Engineers, and I am also the Treasurer for the Student Government Association to really nice to be here. And I look forward to hosting the show.

JOHNSON: Thank you, Marjorie, for coming up here with us. You guys already know me, my name is Damian Johnson. This is my second semester hosting the show for you guys. I'm enjoying it as always.

I am a NSBE vice president. A START intern. Also, the associates or studying to get my associate in engineering and science here as well to C3 scholar and and many more.

So we have a video from the associates engineering that we're going to play right after this.

VOICE OVER: It's no surprise that many leaders start their careers in engineering.

Engineers are curious, creative and methodical like problem solvers and thinkers, and they work in biotechnology, construction and everything in between.

With an associate in engineering degree from Wake Tech, you're on your way to a career in engineering, computer science, or other professional fields that count on a strong background in math and science.

Our program is designed to be of practical start for students who are interested in furthering their education at one of the many four-year universities in North Carolina and beyond.

We've developed advising tools that are personalized and specific. So you can develop a plan that takes you from aspiration to achievement. With on campus, online and hybrid programs available, it's never been easier to discover your future at Wake Tech.

JOHNSON: Alright, awesome. Awesome.

Marjorie, do you gonna go ahead and I guess talk about some of the record, oh sorry.

Yes, there are some questions and if you guys wanna put them in the chat, any ideas, anything like that you wanna do for recreation, relaxation, engineering all of that.

But me and Marjorie do wanna talk to you guys about some of the museums that we visited and volunteered at in the recent past and talked to you about our basically extracurriculars, all the things that you can do over there, how you can be more active in your community as both an engineer and a student.

Jerry, do you wanna pull up one of those websites for the Museum of History?

Once we get that up, so this is just the website for the museum up here, you can find all the events, all the programs, exhibits, things like that recently in well, I guess it's not as recent in January during my second semester I did a volunteering event over there for the cultural African American cultural exhibit that was extremely fun.

I got to talk to a lot of different Raleigh entrepreneurs, activists and also artists as well, and it's a great networking event as well.

And you can move on.

CHANAKIRA: Alright, so there's also the National Museum for there's also the North Carolina Museum for Natural Science. And it is a great place to be, so if Jerry could just pull that up.

Uh, alright... So, if you're somebody who loves animals, someone who loves (*inaudible*) and everything, you can go, this is the right place for you to go.

So, I had a volunteering experience of the last days of my spring semester and as you can see on the website, they have a lot of things for kids, for adults and they show movies and different kinds of things. So you just go to the website and then you just pick up anything that you want.

And they also have a lot of opportunities. So, internships, if you really want to work there or volunteer opportunities and there's a lot that you can do there and you also get to learn a lot because I didn't know that sharks or whales, scales of whales had oil in them.

I did not know that was a thing, but how I actually know that well, most of the oil that people use is from sharks. Who knew that? Nobody.

So, it's really a fun place to be, especially for the children. And as a student, if you want to grow, we had the opportunity to meet with Sarah and Albert and they are really great mentors, walking us through everything that happens at the museum.

It was just the perfect volunteer opportunity for me. So yeah.

JOHNSON: That's awesome. Thank you so much, Marjorie.

And I guess while we're on the topic of just things that we have basically done in our free time that we found to be, contribute to our character development and you know our own growth. How do you, how do we basically end up balancing all this with our own school life and also finding ways to still have me time, still ways to relax. You wanna talk about that?

CHANAKIRA: Well, for me I am... I am very introverted, so I like to talk to my friends.

I don't go out and when I get an opportunity to do something, I'm like, okay, I should do this because I don't usually do stuff.

So I feel like if you are somebody who does not usually go out and you find opportunities like these, you should probably take that and do it.

So I'm always like last semester I had like six classes that I was taking and that was like 19 credits. It was a heavy load on me and I was like, I don't have any free time like, guess what? I went to the museum and I did a lot of stuff, so it's basically knowing what to prioritize.

You cannot be waiting for last minute to do stuff, and you also cannot be stuff in your head with school, school, school. You also need to be free and... my own therapy is music, so I just plug in some earplugs... Music, start dancing... that way you know all those questions goes.

JOHNSON: I know what I definitely uh, I get it for sure. You can't... you really can't cram yourself, especially with how rigorous some of the coursework can be sometimes. It requires a lot of preparation, a lot of studying, and you do you do, you always need that relaxation time. That me time I, you know, like to identify myself as intorverted too, but I I go out pretty often. When I'm not doing school or when I'm not, I guess you could say working then I'm usually out playing soccer with my friends.

I'm listening to music. I'm usually out doing something. I might be skating at the roller rink.

There's there's things that you guys should wanna find in order just so make sure you have that me time and it's really important that you always get that.

CHANAKIRA: Right. And I also think that if you do not have something that you do, you should look for something to do because not always be on your phone or you just need

some time to just let loose and you know, find something that you're like, so so into and do that something like social media or stuff like that.

JOHNSON: I think would be like really important, right is to say like you can't, you know, 'cause it's expensive to basically go out. Say you can't always do that.

I think it's important to find your own things. You said you like to listen to music, right?

CHANAKIRA: Mm-hmm.

JOHNSON: Find, like creative ways to exhibit that. I don't know, maybe in like arts or in writing.

Those are things in the personally speak to me and that I like to do my free time because they help take my mind off the whole, umm, the whole rigorous work of school and how tiring and challenging it can be.

CHANAKIRA: Yeah. And I mean too, like, not not school, work, anything that has, okay I'm actually looking at a book right now. I could have shown you guys, but I oh, I always find something to read.

So it may not be school work, but it's something and you just gotta read something. It also helps you with your mind. So yeah, yeah.

JOHNSON: For sure. For sure.

Well, I mean, if we're talking about just things that we ended up doing in our free time it in terms of like extracurriculars, 'cause I guess I don't actually know this about you, what is what are some of the more fun things that she think you've done that have been both school related and also still something fun for you to do?

I know for me it was personally the START internship that was 100% the funnest thing that I did.

Working on chemistry-related items, engineering-related items. It built to obviously my own character development, but just in general is something that I enjoyed and I was fine taking out of my free time for.

CHANAKIRA: That, I would say the Honors Program project because I had volunteer hours. I went to the museum and I got to see like, different kinds of people coming to the museum, and I also got to learn about the museum and some of the stuff that I've learned there... I'm actually applying it in my intro to engineering class, so I'm like wow, this this was perfect and also the the project itself cause I did mine on economics and it was something that I was learning in class, but then I was actually finding out stuff that other people don't know.

JOHNSON: Uh huh.

CHANAKIRA: They don't engaging in it. It was really refreshing.

You know, I usually like to be founded by people who are talking and then I be able to contribute something to the conversation.

I just don't like to be sitting there staring at people and feel like, okay, this is what's happening and not contributing something. So it's a good part.

JOHNSON: Yeah. No, I totally get it.

I think one more thing that I would want to mention is that if we're just talking about relaxation, I mean Wake Tech has tons of opportunities for that, even one today.

We literally had a skybox virtual and in-person today where everybody could show up. You would come in, you would network, and it wasn't necessarily like all school related. I mean, that wasn't nearly everything that we talked about.

We kind of got to know each other of things that we were doing, so make sure you're keeping up on Wake Tech's website. Looking, trying to see what type of virtual or in-person meetings that we might be having where you can come and be a part of a community. Relax... dee your friends... talk... get to know each other, Etcetera.

And I think we might have Taj come and join us pretty soon, which would be nice. Taj was obviously the previous host here before, but he's just graduated. He's going to NC State for agricultural engineering, biomedical engineering, one of those two. I think he might tell you microbiology? But he might have to say his farewells.

That's gonna be sad when he's the end on the torch.

CHANAKIRA: Right. Yeah. I also wanted to say if you are like as a STEM student and not know what's going on in the STEM field, then you literally need to look for the people.

If you're an engineering, we have a great engineering care team and today we were with them and they always, they always try to help us. So please, please please go to Wake Tech website and then just look up stuff. You will find everything.

Just like today. I'm pretty sure a lot of people would have come if they actually knew about it. So, keep in touch with everything that goes on at Wake Tech, you know, just try it.

Always check your emails. Do not forget to check your emails because you miss a lot of stuff.

JOHNSON: Uh huh, that's very true.

If you guys have any questions, make sure you drop them in the chat. We're gonna be there reading them for you guys. Maybe somebody might have already. Yeah, make sure you drop some questions in there.

Give us some ideas. Give us some maybe questions that she might have about engineering, questions that she might have about us.

And, it looks like Taj is about to join us pretty soon. I'm gonna put him on the spot for you guys. Make him introduce himself.

Hey Taj, how are you?

TAJ: Hi. What's up?

JOHNSON: What's up?

TAJ: Nice to see you again, and Marjorie, I didn't get to see you today though, but it's all good.

CHANAKIRA: Yeah.

JOHNSON: Are you in the car right now?

TAJ: Yeah, yeah.

JOHNSON; You know, me and Margie just talking about basically relaxation and recreation. Basically, as a student in engineering, managing or not managing in time, but making sure you're using your time to dedicate it to yourself and relax and recuperate.

Do you have any like strategies, I guess for that?

TAJ: Yeah, definitely. Yeah, I like how the last thing you said was time management.

I think that's the biggest thing that you need to do is manage your time, and then you'll be able to get time to relax. Because if you don't manage your time and you let tasks back up on you and you know you procrastinate, then in the engineering field just have actually no time to do anything like you want to do.

So you know, whatever hobby you have, just ensure that you manage time for the things that you have to do first, and then you can focus on just relaxing then. Get in a couple of hours every day, maybe you're just reading or even if what you find fun is just scrolling on your phone. You just have to manage your time.

JOHNSON: Yeah. So, I definitely agree with Taj on that. It's important to be real with yourself and I take faults to this a lot, my time management skills. They're getting better. Obviously, throughout semesters, but still you might have things that she feel like you wanna do at a certain amount of time and make sure you can be your priorities on top. Your schooling on top and trust me that time to relax will come and it will be well deserved by the time you get it, for sure.

CHANAKIRA: Yeah. And most of the times I'm I have been assignment that you at 11:59 and then I felt stressing when he's like 7 p.m. and I'm like, I should have done this way before, like it's so bad to procrastinate, you guys do not do it. Do not do it.

Please if you have the chance to not do it, then yeah, definitely.

JOHNSON: I'd use to often use like struggling in class as like an excuse to procrastinate when it maybe like I might be studying but might be studying on it but if I'm not necessarily getting a topic I might procrastinate in doing that assignment, and be like ohh I don't have time to (*inaudible*) this day but I'll go next day.

There is an ample amount of help at Wake Tech. You can go to office hours almost any day, either virtually or in person, whether that be with your teacher or at the ILC, making sure that you're getting it in and putting it on top, like prioritizing that grade.

It's very important and then will get that chance to relax for sure.

CHANAKIRA: Definitely.

TAJ: The ILC, that's a big thing for anyone who saw the Skybox event that was held earlier today you would have seen Miss Williams talk about the ILC. And I actually personally use the ILC a lot in in the past semester, which was my last semester. Sounds like you know I have to finish strong.

And I remember I was in the ILC chemistry final exam and a couple days before I was in the ILC and there's a lady there, Miss Sherry.

JOHNSON: Yeah, miss Sherry.

TAJ: Yep. And somebody said, you know, she tutors chemistry, and I was like, no I don't need any help with chemistry. I've got these practice programs, all good.

Well, but then I did a couple that I was struggling, so then I was like, OK, I'm gonna go see Ms. Sherry and helped me so much and she knows so much.

And she was talking to her, and she was saying, you know, not many students come to her for chemistry, 'cause it's just, I don't know why, but I'm glad she was there and able to help me, so...

JOHNSON: It's important...

TAJ: Uh hu, go ahead.

JOHNSON: No, sorry I cut you off.

I was just gonna say it's important to utilize those resources.

TAJ: Exactly. That's gonna say, for sure.

JOHNSON: Umm, I guess after that you know you're in a... you're in a crucial transition period right now, Taj, as you, you know, finish, you know, engineering here or a science here and you move on to NC State. I guess in between that time you're preparing for school, but what are some things you plan on doing for fun in between that time? And then, you know, just to relax and some time to yourself after working so hard.

TAJ: Yeah, well, uh and I just to play soccer a lot That's a fun activity for me.

Umm, mostly just doing outdoor things and just going on walks. Being outside, I am going back home to Jamaica, soon. So, I'll be, I'll be working on the farm and I'll be alone, you know, around friends and family.

So yeah, that's probably gonna take up most of my time for the entire summer.

Yeah, you know, some tips if you don't know what to do to relax and have fun is just explore.

Just go out there, whether it's online or outside, just find something that you find interesting, and just try it. And it just try different things.

Ones that are legal, of course.

JOHNSON: Thank you. Thank you for the recommendation, Taj. We appreciate it.

TAJ: Umm, recently I went, I was downtown Raleigh. I went to a ramen shop with my brother, so that was was good.

JOHNSON: Uh huh.

CHANAKIRA: Yeah, I have a question for you. Can you please tell us a bit, well, everybody, how you got to connect with Dr. Fox and, you know, everything that's been happening, we

just wanna know.

TAJ: Dr. Fox like NC State Dr. Fox? Yeah, so again Michael Eure...

JOHNSON: The Goodnight Scholars program, basically. Tell us how that all goes and how....

TAJ: Yeah, yeah, so for sure. Like the first time I heard about the Goodnight was from a friend at school named Anthony. He's a part Nigerian, so he was talking to him and he was telling me that, you know, I was asking him about scholarships, and he said, yeah, he knows a couple he's heard about, the Goodnight, and this was way back in uh, maybe spring last semester I was talking to him and he said yeah, you know, something with the Goodnight.

He told me he's like directly to NC State and I said send me the link, I'll check it out and I checked it out and then it was just all the things that I had to do, or you know, the invitations and stuff like that were way in the future. But for the time being, I just started volunteering, internships, extracurricular. You know SGa, that kind of stuff.

Then when the time came for the Goodnight scholarship, they had a self-nomination form for people who, if you felt like for whatever reason, you may not be selected to apply for the Goodnight scholarship that you could, you could do that form. And so I found that form and I was like, yeah, I'm gonna do it. You know, you never know?

So, I did it and I think it was around March, maybe somewhere around March, early March, mid-March they sent out, you know, formal invitations saying that you know, here's a actual invitation to apply.

And so I applied, you had to write an essay, and doing a bunch of financial information and extra-curricular stuff like that.

JOHNSON: Uh Huh.

TAJ: Then after that phase it was onto the interview phase, which was an incredible event over at Centennial campus. And you know, they had breakfast, lunch, they had library tours and then they interview you.

And so, you know, I very grateful that they they picked me as when the people to receive scholarship.

JOHNSON: Was that your first time? I guess meeting him. Dr. Fox, when you when you got interviewed.

TAJ: Oh, Doctor, when Doctor Fox had nothing to do with the Goodnight Scholarship interview.

JOHNSON: OK.

TAJ: But I don't know. Maybe he has something to do, behind the scenes? I don't know. Because he was a department head of the Bio and Ag Engineering department.

JOHNSON: Yeah. And how did y'all, I guess, get acquainted with each other if he had nothing to do with the scholarship program then?

TAJ: Yeah, so that was Michael Eure. That was all him. Yeah, he was on the show one time.

JOHNSON: Yeah. I remember when we hosted him. Yeah, yeah, and with the person from A&T as well.

TAJ: Yeah, I remember.

JOHNSON: And so did you guys I guess network from after that?

TAJ: Yeah, so because he was the head of the department and I wanted to go and be a member on the show after the show when we were talking, he said he'd be happy to give me a tour and, of the facilities and stuff, and then after that, he... him and Mr. Eure were in contact when you send in this information he said, you know, it's no problem to send it to me. And then, you know, reached out to him.

JOHNSON: Uh huh.

TAJ: And then and also another lady that works in the department with him and he asked me what was the best time to come to campus and give me a tour, and I said... you know, we worked things out. I went there and he gave me the tour.

But ultimately I just wanna say that, you know, Mr. Eure was the one that kind of catalized all that happening, so credit to him.

CHANAKIRA: Yeah.

TAJ: You guys are doing a good job by being on the show.

JOHNSON; Thank you.

TAJ: Because you never know.

JOHNSON: Yeah, he's a good man. But I guess make sure once again if you guys have any questions just drop them in chat.

We want to thank you all for being here. We've got a few closing statements before we head out, okay?

I'll start off with myself. Just something that I personally want to mention. Umm, we talked a lot about relaxation, recreation. We also talked a lot about school, focusing, prioritizing.

But what I do wanna always stress and stress is that it is a balance and you can always ... there is the possibility of doing too much of one thing and as (inaudible) majors, we oftentimes burn ourselves up. So ,make sure you guys aren't burning yourselves out.

Make sure you take care of yourself. That's my closing statement for you all.

CHANAKIRA: Alright. And, as for me, I would like to say if you're a girl and you have stereotypical parents or anything, don't listen to them. Don't listen to anybody who tells you, you can't do anything, because you can.

And when it comes to school, just like he said, don't burn yourself and put everything and everything you can, use all the resources, use everything, anything you see that Wake Tech offers, it's free and you can get it. You have the same opportunity as anybody else, so please be go-getters.

JOHNSON: Yes, indeed.

TAJ: Yep. And for me, I just like to say as both Damien and Marjorie said already just take opportunities because it's all about putting yourself out there. Umm, you know, some people may be more shy than others. Some people may be more extroverted, but, when you put yourself out there and display yourself as a hungry and humble scholar that just wants to succeed. And then help people in return. Then you're bound to have people giving you opportunity to do different things.

Umm. And that's why I'm telling Damien and Marjorie here that, you know, keep being on the Michael Eure Show. Because, you know, continue to meet people from all over and you never know what meeting them can do for you.

And that goes as well for anyone out there. If you get an opportunity to do something outside of the box, just do it. Cause why not?

JOHNSON: 100%, and make sure that you're shining differently and you can always do a whole bunch of different things to put on your resume like internships and everything, but it all starts from character building.

Umm way from the way from the ground up it always starts with character building. Make sure you take care of yourself, but then also making sure that you are competitive and

anything less and always trying your best. Trying your hardest.

Umm, I guess before we end, is there anything else you wanna talk about?

CHANAKIRA: Yeah, I wanted to say today at the skybox event, right?

JOHNSON: Umm huh.

CHANAKIRA: I mean everyone had something good to say about our career coach in engineering. So, if you feel like you're having troubles as well following your career path. Maybe you're just taking classes and you just don't know what you wanna do.

But I'm, please do visit they actually help. Everybody had something good to say, so yeah,

JOHNSON: Definitely emphasis on that.

The Career Center is actually it's really, really good and they help you out with a lot. I'm actually gonna go there in a few days to go get some help with my CV. And, that's basically just like a academia resume for anybody doesn't know what a CV is.

It's good for putting things like my START internship up there. Taj, I believe you were also a START intern. Marjorie were you a START intern as well/

CHANAKIRA: No, but I'm planning on this Fall, so.

JOHNSON: Awesome.

JAJ: You'll get it. She'll get it.

JOHNSON: Yeah, 100%. Talk about, have you already applied? Or..

CHANAKIRA: Yeah.

JOHNSON: It's open. Let's talk about that. I'm sure, it's like no GPA requirement, right? What are the stuff on that?

CHANAKIRA: Well, when I opened it like I've been wanting to do this, so I applied last semester but I haven't an taken any math or science class so I couldn't get it. But now I applied. You are required to have, I think like a 2.7.

JOHNSON: OK.

CHANAKIRA: Yeah. So a lot of people can actually do this and they pretty much have a big slot, so the chances of getting chosen are high and they have a variety of things you can do.

I personally saw something that was intriguing. I was like, I wanna do DNA barcoding. I don't even know what how to do any, but I'm pretty sure I'm gonna learn and it's probably gonna be good. Yeah.

JOHNSON: You are 100% gonna learn at the thing I worked on and just a correction, I think there really is no GPA requirement from what I remember because it's like a random pool that they do or credit hours for the START internship. So, anybody can apply to it. It's free to all students of all types.

Uh, personally what I worked on when I was over there was on, what was it, basically single molecule, and polymer-stretching spectroscopy I have no, I have no idea what that was when I started it.

So Marjorie, yes, I can attest to that. You will 100% learn your job and you're gonna learn it very, very well actually. And if you like it enough, you'll probably spend way more hours there than you should.

So, at least that's what I did, but I don't really have anything else to say, anything else to talk about.

Thank you, guys, all for coming on the show. We're gonna put up our closing slide and other than that, I hope you all have a great one and we'll see you all next time.